

Journey from Information to Knowledge and then to Experience and towards Wisdom (IKEW)



A Devrukh Spiritual Prowess Pvt Ltd (DSPPL) initiative

This newsletter is specially for all students, teachers and parents.

As Ajit Telang Sir used to say that the education of a student is a social triangle.

Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination.



Tree of Contents

Embracing

Appreciation - one of

24 core values ...03

Science of Learning ...06

Our Attitude decides
Our Altitudes ...10

Thought for the Month ...13

National Heroes Sardar Vallabhbhai Patel ...16

Stotra Series अथर्वशीर्ष - भाग १ ...19

देवरुख - हमारा घर ...28

Career Forum - Q&A ...30

Fun Time - Puzzle ...34

बोध कथा

युवा नचिकेत की प्रेरणा - अलेक्सेय मारस्येव ...23

जनमेजय और वेदव्यास की कहानी ...25







Embracing

APPRECIATION

one of 24 core values

- ashwini тelanq

This is the first issue of a New Year 2024 and it is obvious that we wish you all a very Happy and peaceful 2024. This year, mind you, is different than all years before and possibly all years hereafter. If you look at the year 2024 what prominently comes up is the number 24. This number signifies both Purush and Prakruti. It is also regarded as Lord Dattatreya's number represent him as Anaghaswami



along with Anagha Devi (his Consort). Even more interesting is that Lord Dattatreya announced his 24 Gurus which are documented in a scripture named Brahma Vaivarta Purana. As you may all be aware that these 24 Gurus are neither Sages from Himalayas nor those who have gone through severe acts of penance. Fascinatingly, they are the creatures from the nature whom we most of the time don't even notice or feel are insignificant to us. But Lord Dattatreya, the supreme teacher of life actually makes us realize that everything or rather every being on this planet is created to teach us life lessons. The very first thing that he taught was appreciation. Appreciation is the most wonderful way to connect to every existence around us. Lord Dattatreya instils us to appreciate the normal ordinary looking events and traits related to these 24 creatures that leads one to learning certain vital aspects of life. Every time you appreciate something or someone, you have an opportunity to learn and imbibe that learning into your life to become a better person.







Embracing Appreciation one of 24 core values

..continued



The first one the Lord appreciated was Mother Earth. He appreciated the earth for its patience, love and righteousness as well as its dedication towards the welfare of living beings. He then appreciated Air for its indiscrimination and purity or rather its equality towards all. It does not get affected by anything though temporarily it looks to be contaminated by bad or foul smell for some time but within no time gets out of that state.

The Sky was the third one to be appreciated by the lord for its purity which it maintains throughout without getting unaffected or untouched by anything. Fire is yet another thing which the lord appreciated for its eternal, unchanging, unmanifested and omnipresent nature. It places everything in its own form which is ash.

The Sun though one appears as if it is many through its reflections in everything and still maintains its unique form is appreciated precisely for that nature as well as illuminating all that is lost in darkness even when they exist. The deep affection and love in which a dove brings up its little ones was the sixth one deeply appreciated by the lord. Python on the other hand.



Embracing Appreciation one of 24 core values

..continued

shows tremendous patience in waiting for his prey rather than rushing to get it drew lord's appreciation. That surrender, that faith in the divine to provide a food is worth emulating. Ocean is the eighth one appreciated for maintaining its levels no matter how many rivers flow into it or how much of a water get evaporated from it. The trait of a moth to get attracted to the flame or light despite its lurking death is something which made the God appreciate it with utmost amusement. That kind of urge in losing one's identity to achieve the ultimate oneness is worth echoing. Elephant who gets attracted to the other gender out of lust though is not an object of appreciation teaches the Sadhaks (seekers) to stay away from such vices so that he/she can stay away from the fall. As we all might be aware that elephant also signifies prosperity and wealth. However, the greed to prosper or even become wealthier is regarded as one of the vices.

"Promise me you'll always remember: you're braver than you believe, and stronger than you seem and smarter than you think."



The lord learnt the disillusionment from the prostitute called Pingala and appreciated her learning from her own life. The child's ability to draw that innate happiness not relying on external objects was a point well appreciated by the lord. He appreciated many things from creatures like Honeybee, Deer, Maiden, Raven, Snake, Spider,

Water, apiarist and even a caterpillar. No matter how small or big the entity is, everything has something wonderful worth appreciating. When you appreciate good things from the surroundings, that good nature rubs on you, as most of the time, your mind is in the vicinity of goodness. It is the company that you keep makes what you are. Consistent appreciation makes one imbibe a lot many virtues and traits that in turn make the world appreciate you. That is the best way to learn anyway.

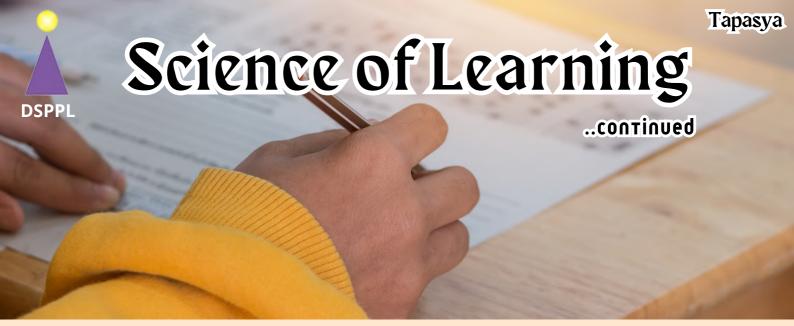


Science of Learning - pranjal joshi

Tapasya

The month of January is very important and interesting! Not because it is the first month of the English Calendar, nor because many make "new resolutions" which in most of the cases do not last beyond the first 7 days of January. But because the month of January is of "academic seriousness". This is the time when School Gathering and Christmas vacations are over, teachers rush to complete the syllabus, Students discuss about class notes and parents alert signals of upcoming exam season. During past decades of my interactions with the post-graduation students, I have also witnessed that few students get "sudden shock" in January after knowing that exam time is nearing. Their reactions were so surprising making one doubt that was this not told to them at the beginning of the academic year? Nevertheless, the month gives a sense of urgency to everyone - Students, Teachers and Parents. On a case to case basis, one originates the tension and passes it on to the other two group members with higher intensity and continues to fuel it at regular intervals until the exam is over.

Students from "Rich class" i.e. those who generally rank amongst first ten in the class are already geared up as it is their "show time", for students of "poor class" i.e. those who generally rank amongst last 10 of the class, this is very difficult time of the year as everyone around lecture them on studies and its importance, while the "Middle class" students i.e. those who generally rank between 10 to 40 in the class start exam preparation at their own



pace, hoping to make a great progress this year. Nonetheless, the majority feels the tension, so is it worth having the exams at all? Why do we need to have exams?

The response to this question can be given by asking another question. Why do we have mirrors at home? We do see the beautiful nature, the lush green trees and the forests, blue sea and the sky, colorful rainbows, mountains, different species and what not with these eyes. But unfortunately the same eyes cannot see our own face. The best creation of God cannot be seen by the same eyes which otherwise can see everything around. If there is dirt on the face, we need to wash the face and look in the mirror to confirm that now the face is clean. When we want to go to a function, we look in the mirror to see our dressing and face and everything to check how we look. So we need something for our reference to know us, to check how we look. What is true for mirrors for checking "physical appearance" is true for exams for checking our "educational progress". Though one may debate the loopholes of the present process of examination, no one can probably deny the requirement of having the examination in one or the other forms.

In old days, in Indian tradition, the Guru used to take the exam of the students through their behavior, observing the responses of students through daily life situations, and the education at that time was part and parcel of the day to day life. Values imbibed in the students gets displayed through their actions which ultimately used to result into "developing the skills" required for performance of material activities and family wellbeing. The common man never used to get confused with the material and spiritual approach of the life. The focus of education was on imbibing values, and



Science of Learning

..continued

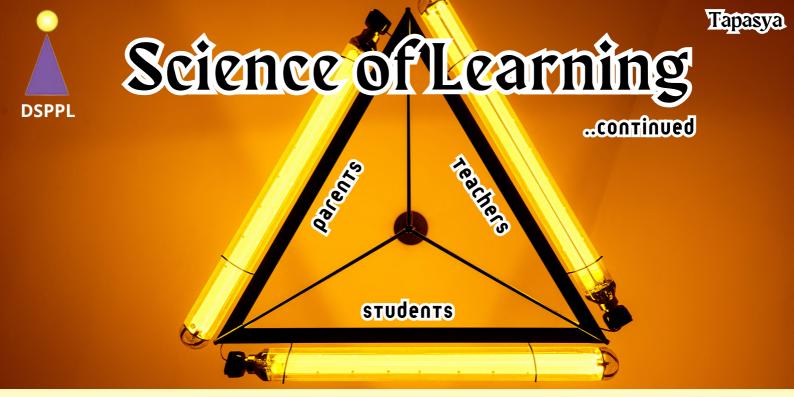
CORE VALUES

skill training was the result. This was as obvious and fundamental as the objective of the education and the efforts of the Guru were directed to make his students "wise", and not "smart". By nature, skills are external, which can be displayed or exhibited or presented and hence can be learned, unlearned and relearned. Skills become redundant over the period of time and hence needs to be unlearned and the new skills are required to be acquired in replacement to be relevant for performing material activities. This is not the case with the values. Values are valuable as they are integral and core and are instrumental in laying the foundation of human personality. Values help in acquiring skills but the reverse is not true. In human parlance, values resemble to "soul" while skills resemble to "human body". Both required to play the game of life.

The present system probably overemphasizes on "skills" which at times sidelines the "values" and then burden the students with the loads of "contemporary information" under the disguise of "knowledge" and then tests everyone using the same yardsticks. Obviously, the real potential of the student may never get highlighted during the school or college education. And also by the time student graduates the so called knowledge being "contemporary information" may already have become redundant leaving student depressed. With implementation of the New Education Policy, we hope to see a big change in this. But till that time, we need to adjust ourselves to the present system of examination.







So, what our examinations are basically try to achieve? They are designed to make us know about the "progress" that we have made in our studies, in our academic education.

Education is important, crucial, as it has helped the mankind to achieve so many things. As my Guru always used to say that, the education of a child is a social triangle, where teacher, parent and student each is expected to play specific roles. The dominant roles are played by teachers and parents as they are the one who forms the "giving" combination while a student is predominantly a "taker". Teachers and Parent role is of "proactive" nature while that of student is of "reactive" nature. Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination. Once we understand this, the primary responsibility of education of students and understanding its process lies first with the teachers and the parents. Without knowing scientific process of education, we may not be able to discharge our role as parents and teachers. Students also need to know this as then the study becomes more meaningful and effective.

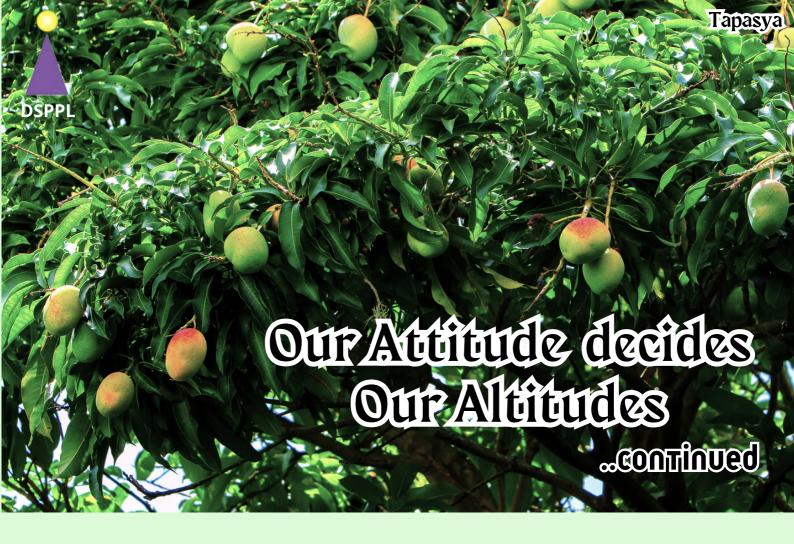
So let's begin with our journey of "Science of Learning" which we will be discussing through this series of Articles. Happy Learning!



Recently I came across a very good story which I thought I would share with all of you. A teacher had two disciples of very different natures. One of them always saw good in everything and had a beautiful positive thinking nature while the other always found something negative or faulty in every situation. One day the teacher took both his disciples to a garden where they came across a mango tree. The tree had many juicy and ripe mangoes hanging from it. When the teacher saw the tree, he got the idea of testing his students.

He then called the first student, who had an auspicious and positive vision, to look at the tree carefully and then speak about his thoughts about the tree. The students replied that the tree was magnanimous as it was constantly being hit by people with stones to get fruits, yet it was benevolent and gave back sweet and delicious mangoes to all those who hit the tree. The students further said that from this tree we can learn that we must share our treasure even if we hurt or suffer.

The teacher was very pleased with this answer and he called the second student after that. This disciple had a negative state of mind and after looking at the tree he concluded that the tree was useless. He said that by itself the tree does not do anything but only after people hit it with sticks or stones does it bestow fruits on them. He concluded that if we have to gain something from someone, violence is the only means to do that.



The teacher was disheartened to hear the second student's version and praised and blessed the first student wholeheartedly. He felt that the second student always learned things the wrong way and needed to better his vision of his surroundings in order to become more clear-headed and happy in life.

In our life we have a choice. Choice is to live happily or sadly. We perceive life based on our attitude. If we have a positive attitude we feel life is blessing and if we have a negative attitude we feel life is boring, not worth living. Our attitude decides our altitude. Our attitude decides our quality of life.

As a Child, we are very positive and we love everyone. We share our love and care to everyone who connects with us. We are totally with our soul consciousness. We trust everyone. There is no contamination as our mind is connected to the soul. But problem starts in our life when our ego develops. Our ego makes us feel that we are superior to others and duality starts in our mind. "I" versus "Others". As a child we are very kind and compassionate. We are very loving as we are with our core consciousness i.e. our soul.



But when our ego develops, we start connecting to our negative emotions i.e. Anger, Lust, Greed, Ego, Desire, and Jealousy. All these six emotions are children of a Parent called Ego. When our mind gets connected to Ego, ego expresses through all these six negative emotions. Gradually, our ego develops so much that we get very far from our soul. We are far away from our core nature. And we relate to the world through the lens of Ego. We cannot forgive people, we get hurt very easily and then our battle to become happy starts in our life. Our basic nature is love and compassion but when our mind expresses through ego, we express through all negative emotions. Our ego would be happy but somewhere our core (Soul) is not happy.

When our mind is free our soul tells mind that this reaction was wrong. Mind is not ready to accept this because it is connected to the ego and then there is a conflict. It creates lot of restlessness in our mind.

Now how to resolve this conflict? It is by understanding our true nature by being with our soul consciousness



A Day-dreamer's School

Dear Students of DSPPL and my young friends,

Ever since this whole system of schooling has begun, there is one thing that remains common. The kids, once the school gets over are extremely happy. The question that every individual should ask is, why students should be happy to leave a beautiful place like school. Why do we not have schools that are so exciting and make the students sad when the school gets over?

A world governed by economic principles creates a whole lot of restrictions on the way we look at the human mind. The exploration part has been pending for many years. They need to address the real stuff now since the world is better organized than ever before. The daydreamers spending their energies randomly desperately need to find a space. A school where learning is exciting, nourishes the heart enriches the mind, and where the intellect touches the speed of light. The survival part cannot be the objective forte for any school now. Kids should grow around an extremely secure set of parents and teachers, who can address and transpire the higher dimensions into their minds.

The first big mistake happens with the way parents approach life. Their own life is a route that has converted into a routine. The entire struggle to expand their beings is uncalled for and unnecessary. They need to look at finance







as one aspect and not the core which runs life. Honestly, people need to ensure that their children emerge as happier and better beings than the previous generation.

Teachers have to be saints. Commercializing education is a sin. The authorities need to ensure that they are provided with all the basic needs so that they focus on the evolution part of their students. Fulfilling governmental norms, the system of getting a degree and then a job should be completely done away with. A persona that emerges after touching real knowledge should be utilized as per their capabilities. Policymakers seriously need to look at the way things have been and what beautiful changes can be brought about. Parents and teachers should work together in the early stages of the life of a child. Slowly the child can be allowed to be left with only the teachers. The tendencies leading to self-sabotage can be identified at an early stage of a child's life. Healing should be introduced at such a stage and the life energies should be sorted for the betterment of humanity.

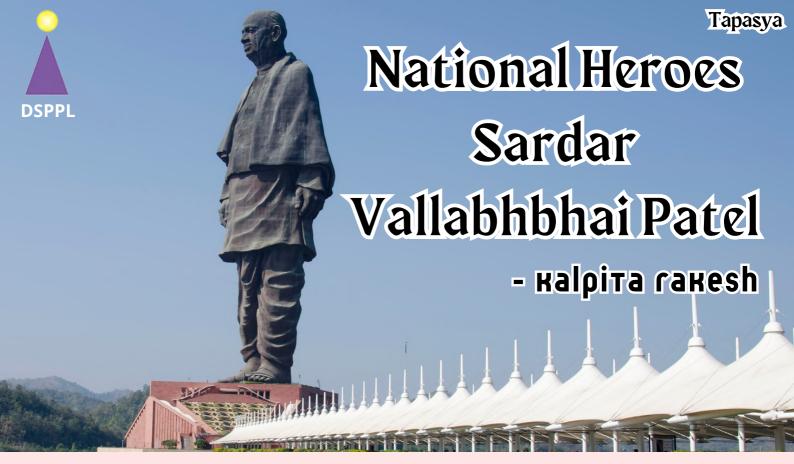
Right now they are testing memories in the exam hall. Initially, they learn to remember and later in their life, they are unable to forget. The mind gets used to making stuff stick rather than absorbing the essence and letting go of the peel. The whole inner mechanism of an individual needs to be looked at and worked at. New subjects that create interest and arouse curiosity are



a must. The old notion of dividing life into a few subjects and making a child stick to only that should be done away with. More and more activities need to be created so that the child subconsciously chooses his/her life path.

To date, the schools have been looked at as a place where good things are taught. This creates a divide among the minds of its occupants that they are good if they follow a certain norm laid down by the authorities. The focus should be laid on the essence of life and naturally, the idea of good and bad, right or wrong will be embraced. Only with the acceptance of all can the world be bettered and for that, the authorities need to follow vibrational laws behind everything. The space in between where nothing appears to be present but is the sole cause of all events should be explored. Humanity has been long operating with two-dimensional earthly laws. They need to shift to higher paradigms and all the systems need to emanate from the newly discovered truth. Let power replace the force.





Hello friends!

Nation!! What is it?

A piece of land with defined boundaries?

Is a group of people sharing something, either a language, religion, or culture?

Or a symbol like a flag unifying the people's heart and mind with patriotism? What exactly is a nation?? And what does it mean to build a nation?

If we ponder on it for some time we will realize that it is something that exists only in our minds, the boundaries are man-made and imaginary. but the sense of pride and love for one's nation is real. we have heard and read many stories where people have not only sacrificed their lives but have also killed others and caused destruction to life and property.

Does such patriotism do any good to any life on this planet? Certainly Not. A great nation is only built when the people of the nation value inclusion over conquest. If we dig into our history we will find great beings who exhibited excellent leadership qualities. One such leader was Sardar Vallabhai Patel without whom India would have not been the way it is seen today on the world map. VP Menon, Nehruji, and Sardar Vallabhai Patel were three of the most important leaders because of whom India today is a single unified country.



Let's understand today the story of the reunification of India To understand the value of Sardar Vallabhai Patelji and his team's contribution let me take you back in 1940. This is how India looks then (pic above).

The land of India fell into three categories:

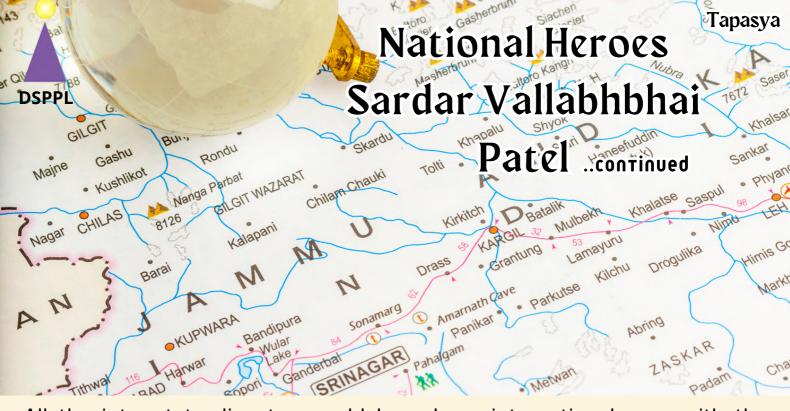
- States under British India
- States that demanded to be a part of Pakistan
- Native Indian states that were ruled by their respective rulers operating under the British Raj.

These princely states had three options:

- · Either go with Pakistan
- To unite with India
- Remain as an independent state.

Ilf the princely states had remained as individual states can you imagine what would have happened? Each of these states would have been a different country, It means instead of pooling our resources and protecting ourselves from giant forces like China we would have wasted our resources on protecting our borders. We would need a visa to travel from Kashmir to Kanyakumari or from Assam to Ahmedabad.





All the inter-state disputes would have been international wars with the intervention of the west like the UN & US. It was due to Sardar Vallabhbhai Patelji striving efforts that most of the princely states opted to go with India.

Only a few like the Raja Hari Singh of Kashmir were reluctant to join either party and wanted to stay neutral. but Pakistani officials threatened the maharaja that if we fail to join Pakisthan the gravest possible trouble will be inevitable. On 22nd Oct 1947, a group of fully armed men under the direct control of Pakistan army generals entered the land of Kashmir and started causing havoc.

On 24th Oct 1947 maharaja appealed to India for military assistance and here's where Patelji and his team found a perfect opportunity to get Kashmir into India. On 26th October 1947 Indian army took control of Jammu Kashmir. As soon as we took control Ptelji realized that the battle was going to be on for some time and started planning for the same. So within a fortnight, necessary materials were sourced, workers were brought through special trains and they started working round the clock to complete the road projects. And just within 8 months, a road capable of carrying heavy army traffic was constructed between Jammu and Pathankot. Telegraph and even telephone lines were laid between Pathankot, Amritsar, and Jammu This is how the home minister of India did everything in his capacity to strengthen the foothold of the Indian army on the land of Jammu Kashmir thus unifying India



सुमुख नाम का एक लड़का था। वो बचपन से दादी के कहने पर अथर्वशीर्ष का पाठ रोज करता था। बड़ा होते ही वो हॉस्टल में रह्कर पढ़ने लगा। एक दिन वो पाठ कर रहा था, तब उसके दोस्तोंने पूछा," क्या बोल रहे हो?" उसने जवाब दिया अथर्वशीर्ष। दोस्तों ने पूछा, " वो क्या होता है " सुमुख ने जवाब दिया," गणेशजी का स्तोत्र है " फिर दोस्तोंने पूछा, " इसका अर्थ क्या है? और रोज क्यों बोलना चाहिए?" इन सारे सवालों के जवाब सुमुख के पास नहीं थे। छुट्टियोमे वो घर आया और दादी से पूछा। तब दादी ने उसे प्यार से अपने पास बिठाया और बोली, " सुमुख, आज से मै तुम्हे इस स्तोत्रके बारे में सब जानकारी दूंगी"

दादी कहने लगी, "सुमुख, एक बात बताओ। मनुष्य के रूप में हमने जन्म लिया। हमारा व्यावहारिक कार्य चल रहा है। रोज खाना, पीना, सोना, क्या सिर्फ यही जीवन है ?" सुमुख ने कहा, "हां"। दादी ने पूछा, "हमने जन्म लिया है तो जीवन का कुछ तो उद्देश्य होना चाहिए। ये सुख तो सभी पाते है। जानवरों को भी मिलता है. तो मनुष्य और जानवर में क्या अंतर है? कवी भर्तृहरी कहते है ...

आहार-निद्रा-भय-मैथुनं च, सामान्यमेतद् पशुभि: नराणाम् । धर्मोहि तेषाम् अधिको विशेष:,धर्मेणहीना: पशुभि: समाना: ।। (आहार, निद्रा, भय एवं मैथुन; ये आदतें मनुष्य और पशुओं में समान होती हैं । केवल धर्म ही ऐसा गुण है जो मनुष्य को विशिष्ट बनाता है ।अत: धर्म-विहीन मनुष्य पशु के समान हैं) स्वामी विवेकानंद कहते है , हमें पशुत्व से मनुष्यत्व और मनुष्यत्व से देवत्व की और बढ़ना चाहिए। तो क्या हम बढ़ रहे है ? कैसे पता चलेगा ?"



सुमुख ने दादी को पूछा , " तो इसके लिए अथर्वशीर्ष ही क्यों ?" दादी ने जवाब दिया। गणेशजी बुद्धि के देवता है। जैसे जिसको जो रोग है उसे उसी डॉक्टर के पास दवाई लेने जाना पडेगा। किसी को खांसी की तकलीफ है तो वो घुटनो के डॉक्टर के पास नहीं जाएगा। अगर हमें शांत रहना है बुद्धि, मन दोनों स्थिर रखने है तो गणेशजी के पास जाना पड़ेगा।"

दादी ने आगे अथर्वशीर्ष के बारे में कहना शुरू किया। "अथर्वशीर्ष अथर्ववेद का अंश है। इसे गणपित उपनिषद् भी कहा जाता है। उपनिषद गुरु द्वारा शिष्य को दिया गया परम सत्य का ज्ञान है। तो अथर्वशीर्ष गणपित के लिए नहीं बल्कि मनुष्यों के लिए है। क्योंकि मनुष्य जो वास्तव में काम करता है और मनुष्य से कार्य करवाने वाले गणेश है। मनुष्य का मन के साथ संवाद निरंतर चलता रहता है। भगवान गणेश के सामने बैठकर अथर्वशीर्ष का जाप करने से वह हमें हमारी क्षमताओं की याद दिलाते हैं जो हम भूल गए है। थर्व का अर्थ है चंचलता। अथर्व का अर्थ है स्थिरता। शीर्ष का अर्थ मस्तक। अथर्वशीर्ष का अर्थ है स्थिर बुद्धि वाला मस्तक। ऐसा कहा जाता है की अथर्वण ऋषि ने इसकी ध्विन लहरों को सुना और उसे शब्दों में लिखा। उपनिषद का आरंभ शांतिमंत्र से होता है।

॥ शान्ति पाठ ॥

ॐ भद्रं कर्णेभिः शृणुयाम देवा । भद्रं पश्येमाक्षभिर्यजत्राः ॥स्थिरैरङ्गैस्तुष्टुवांसस्तनूभिः । व्यशेम देवहितं यदायुः ॥

ॐ स्वस्ति न इन्द्रो वृद्धश्रवाः। स्वस्ति नः पूषा विश्ववेदाः ॥स्वस्तिनस्ताक्ष्यों अरिष्टनेमिः । स्वस्ति नो बृहस्पतिर्दधातु ॥

ॐ शांतिः । शांतिः ॥ शांतिः॥।







हे देवगण, हम भगवान् का यजन (आराधना) करते हुए कानों से कल्याणकारी वचन सुने, नेत्रों से कल्याणकारी देखे, सुदृढ़ अंगो एवं शरीर से भगवान् की स्तुति करते हुए हम लोग जो आयु आराध्यदेव परमात्मा के काम आ सके, उसका उपभोग करे। सब और फैले हुए सुयशवाले इंद्र हमारे लिए कल्याण का पोषण करे, सम्पूर्ण विश्व का ज्ञान रखनेवाले पूषा हमारे लिए कल्याण का पोषण करे, अरिष्टों को मिटाने के लिए चक्र के सदृश शक्तिशाली गरुड़देव हमारे लिए कल्याण का पोषण करे तथा बृहस्पित भी हमारे लिए कल्याण की पृष्टि करे। हे परमात्मा हमारे त्रिविध ताप की शांति हो।

सुमुख ने दादी से पूछा , " दादी, ये इंद्र, पूषा, और गरुड़.....कुछ समझ नहीं आया।"

दादी ने कहा , " हमारा जीवन एक यज्ञ है , उसमे हमेशा शुद्ध आहुति अर्पण करनी चाहिए। हम कानों से जो सुनते है वो सब कल्याणकारी होना चाहिए। दूरदर्शन पर जो विज्ञापन आते है क्या वो सभी कल्याणकारी होते है ? हम अपनी आँखों से जो देखे वो कल्याणकारी ही हो। मान लो हम कही जा रहे है , रास्ते में कोई मंदिर की घण्टिया बज रही है तो हम तुरंत उस मंदिर में दर्शन करने जाते है क्या ? नहीं। अगर रास्ते में कोई झगड़ा चल रहा है तो देखने के लिए तुरंत आसपास बहुत सारे लोग जमा हो जायेंगे। ये मानवी प्रवृत्ति है। अगर हम एक दिन बासी खाना खाये तो दूसरे दिन शरीर सारा कचरा बाहर फेंक देता है लेकिन नकारात्मक चीजे एक बार अंदर आ गई तो बाहर निकालना कठिन हो जाता है। इसलिए भगवान् को प्रार्थना करनी



चाहिए। भगवान् की आराधना करने के लिए सुदृढ़, सशक्त शरीर चाहिए। जो जीवन हमें मिला है उसे धर्म के मार्ग पर चलते हुए सत्कर्म में व्यतीत करना चाहिए।

दूसरे शांति मंत्र में अलग अलग देवताओंको प्रार्थना की गई है। हमारे सभी इन्द्रियों के अलग अलग देवता है जिनके अधिपित है इंद्र। इंद्र सामर्थ्य का प्रतिक है।सामर्थ्य के साथ विवेक हमेशा रहे ये इंद्र का काम है। सामर्थ्य मिलता है तो ज्ञान, तेज की प्राप्ति होती है। पूषा मतलब वो ज्ञान और तेज जो हमें विश्वव्यापी करता है। गरुड़ का गित से सम्बन्ध है। गरुड़ को उड़ने के लिए पंखो की जरुरत होती है। एक बार ऊँचे चले जाने के बाद वो सिर्फ आकाश में विहरता है। तब उसे अपने पंखो की आवश्यकता नहीं होती। फिर वो अपने ही आनंद में मग्न रहता है। गरुड़ हमें अपने आराध्य के पास ले जाने में हमारी सहायता करता है। देवगुरु बृहस्पित से भी हमारे कल्याण के लिए प्रार्थना की गई है। "

सुमुख ने पूछा, "विश्वव्यापी होना मतलब क्या?" दादी ने कहा, " मान लो तुम्हारी कॉलेज में दो टीम के बीच कोई मैच हो रहा है। तुम्हे दूसरी टीम ने हरा दिया। तुम्हे दुःख हुआ। अब वही टीम जब दूसरे कॉलेज की टीम को हराती है तो तुम्हे ख़ुशी होती है। यहाँ तुम्हारा नजरिया बड़ा हो गया। तुम्हारी क्लास से तुम्हारा कॉलेज।"

"ओह्ह दादी , इतना बड़ा अर्थ है इसके पीछे ? " सुमुख ने कहा। दादी ने हसकर कहा , चलो अब देर हो गई है। तुम्हे भूख लगी होगी। आगे का अर्थ कल देखेंगे।

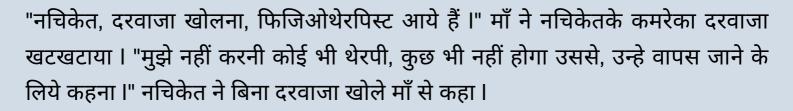
जय गुरुदेव !!





बोध कथाः युवा चिकेन की प्रेरणा - अलेक्स्म्य सारस्येव

- каlріта кеег

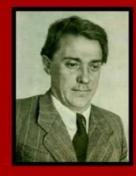


कुछ ही महिनों पहले राज्यस्तरीय दौड की प्रतियोगिता में स्वर्ण पदक हासिल करनेवाले निवक्ति के शब्दों में नैराश्य दिखाई दे रहा था। कुछ दिनों पहले हुए एक हादसे के बाद, "चोट गंभीर हैं, आज के बाद निवक्ति कभी भी दौड नहीं पायेगा।" यह डॉक्टर ने कहे हुए शब्द निवक्ति के कानों में बार बार गुंज रहे थे और उस कारण से वह पुरी तरह से मायुस हो चुका था। ऑलिम्पिक स्पर्धा में सहभागी होकर राष्ट्र का नाम उज्ज्वल करने का अपना सपना, सपना ही रहेगा इस विचार से वह दुखी हो गया था। लकडी के सहारेसे ही मुझे आगे का जीवन व्यतीत करना होगा, ऐसी उसकी मानसिकता बन रही थी। उसको इस मानसिकता से बाहर निकालने का प्रयास उसके सगे संबंधी हर दिन कर रहे थे।

ऐसी ही एक सुबह, दादाजी ने लगाये हुए रेडिओ प्रक्षेपण के कुछ शब्द नचिकेत के कानो पर पडे, "आज के कार्यक्रम मे हम परिचय करने जा रहे है, बोरिस पलेवोय लिखित 'A STORY ABOUT A REAL MAN' इस किताब का।

१९४१ के सर्दीओंके दीनो में, दुसरे विश्वयुद्ध के हवाई युद्ध में सोव्हिएत लडाकू वैमानिक अलेक्साई मॉरेस्येवका हवाई जहाज दुश्मन राष्ट्र की सेनाने गिराया। पैरों की छलनी हुई हालत में,भुख से बेहाल, थंड से जखडे हुए मॉरेस्येव को भयानक वेदना का सामना

A Story About Real Man



Boris Polevoi



बोध कथा युवा बाचिकेंब की प्रेरणा - धर्वक्सिय सारस्येव

21.50 POCCUS RUSSIA · 2016

A.Π. MAPECLEB 1916-2001

..continued

करना पडा । रेंगते रेंगते अपने लोगो में पहुंचनेके लिए मॉरेस्येवको १८ दिन लगे । हॉस्पिटल में पहुचनेके बाद मॉरेस्येव के दोनो पैर काट देने पडे । इतनी मुश्किल परिस्थिती से गुजरने के बाद भी मॉरेस्येव, बल और धैर्य से उभरा । सारी शक्ती एक करते हुए उसने खुद को नयी आदते सिखायी । नई चुनौती के साथ, फिर एक बार उसने वैमानिक कला आत्मसात की और देश की सेवा के लिए हवाई दल मे दाखिल हुआ । युद्ध की आखिर तक वह लडता रहा । युद्धकाल में दिखाई हुई वीरता के लिये मॉरेस्येव को १९४३ में उच्चतम शौर्य पुरस्कार दिया गया, 'सोव्हिएत संघ का वीर' "।

'कैसे बिताये होंगे मॉरेस्येवने वह १८ दिन... दोनो पैर काटे जाने के बाद कितना मानसिक आघात हुआ होगा उस के मन पर.. कैसे मात की होगी उसने उसके नैराश्य पर?' नचिकेत के मन में ऐसे कई सवालों का एक भवर उठा। इन सवालों के जवाबों के लिये उसने तुरंत गूगल से उस किताब के बारेमें जानकारी निकाली। A STORY ABOUT A REAL MAN यह किताब मंगवाया।

मॉरेस्येव की कहानी पढ़ने लगा तो उसे पता चला की, मॉरेस्येव को जीवन में बहोत सारी किठन परिस्थिती का सामना करना पडा। पर हर परिस्थिती में मॉरेस्येव ने जिस प्रकार धैर्य से विजय प्राप्त की, वो देख के नचिकेत दंग रह गया। उसे एहसास हुआ की अपनी परिस्थिती तो इससे काफी बेहतर हैं। मुझे भी हार नहीं माननी चाहिए, बडे धैर्य से परिस्थिती का मुकाबला करना चाहिए।

अगली ही सुबह अपने कमरे का दरवाजा खोलकर निचकेत बाहर आ गया। उसने माँ को पुकारा,"माँ उस फिजिओथेरिपस्ट को बुलाना, मुझे जल्द से जल्द इस परिस्थिती से बाहर निकलना हैं।"

नचिकेत में आया हुआ परिवर्तन देखकर माँ खुश हो गई और उसने तुरंत फिजिओथेरपिस्ट को फोन लगाया।





अभिमन्यु के पुत्र ,राजा परीक्षित थे और उनके बाद उनके पुत्र जन्मेजय राजा बने। एक दिन जन्मेजय वेदव्यास जी के पास बैठे थे। बातों ही बातों में जन्मेजय ने कुछ नाराज़गी से वेदव्यास जी से कहा.. कि,"जहाँ आप समर्थ, भगवान श्रीकृष्ण, भीष्म पितामह, गुरु द्रोणाचार्य, कुलगुरू कृपाचार्य जी, धर्मराज युधिष्ठिर, जैसे महान लोग उपस्थित थे, फिर भी आप महाभारत के युद्ध को होने से नहीं रोक पाए और देखते-देखते अपार जन-धन की हानि हो गई। यदि मैं उस समय रहा होता तो, अपने पुरुषार्थ से इस विनाश को होने से बचा लेता"।

अहंकार से भरे जन्मेजय के शब्द सुनकर भी, व्यास जी शांत रहे। उन्होंने कहा," पुत्र अपने पूर्वजों की क्षमता पर शंका न करो। यह विधि द्वारा निश्चित था,जो बदला नहीं जा सकता था, यि ऐसा हो सकता तो श्रीकृष्ण में ही इतनी सामर्थ्य थी कि वे युद्ध को रोक सकते थे। जन्मेजय अपनी बात पर अड़ा रहा और बोला, "मैं इस सिद्धांत को नहीं मानता। आप तो भविष्यवक्ता है, मेरे जीवन की होने वाली किसी होनी को बताइए... मैं उसे रोककर प्रमाणित कर दूंगा कि विधि का विधान निश्चित नहीं होता"।

व्यास जी ने कहा,"पुत्र यदि तू यही चाहता है तो सुन...."। कुछ वर्ष बाद तू काले घोड़े पर बैठकर शिकार करने जाएगा दक्षिण दिशा में समुद्र तट पर पहुँचेगा, वहाँ तुम्हें एक सुंदर स्त्री मिलेगी जिसे तू महलों में लाएगा, और उससे विवाह करेगा। मैं तुम को मना करूँगा कि ये सब मत करना लेकिन फिर भी तुम यह सब करोगे। इस के बाद उस लड़की के कहने पर तू एक यज्ञ करेगा। मैं तुम को आज ही चेता रहा हूँ कि उस यज्ञ को तुम वृद्ध ब्राह्मणों से कराना लेकिन, वह यज्ञ तुम युवा ब्राह्मणों से कराओं और...





जनमेजय ने हँसते हुए व्यासजी की बात काटते हुए कहा कि," मैं आज के बाद काले घोड़े पर ही नहीं बैठूंगा, तो ये सब घटनाऐ घटित ही नहीं होगी। व्यासजी ने कहा कि, "ये सब होगा और अभी आगे की सुन। "उस यज्ञ मे एक ऐसी घटना घटित होगी कि तुम, उस रानी के कहने पर उन युवा ब्राह्मणों को प्राण दंड दोगे, जिससे तुझे ब्रह्म हत्या का पाप लगेगा और तुझे कुष्ठ रोग होगा और वहीं तेरी मृत्यु का कारण बनेगी। इस घटनाक्रम को रोक सको तो रोक लो"

वेदव्यास जी की बात सुनकर जन्मेजय ने एहितयात वश शिकार पर जाना ही छोड़ दिया। परंतु जब होनी का समय आया तो उसे शिकार पर जाने की बलवती इच्छा हुई।उसने सोचा िक काला घोड़ा नहीं लूँगा.. पर उस दिन उसे अस्तबल में काला घोड़ा ही मिला। तब उस ने सोचा िक मैं दिक्षण दिशा में नहीं जाऊंगा परंतु घोड़ा अनियंत्रित होकर दिक्षण दिशा की ओर गया और समुद्र तट पर पहुँचा वहाँ पर उसने एक सुंदर स्त्री को देखा, और उस पर मोहित हुआ। जन्मेजय ने सोचा िक इसे लेकर महल में तो जाउँगा लेकिन शादी नहीं करूँगा। परंतु, उसे महलों में लाने के बाद, उसके प्यार में पड़कर उस से विवाह भी कर लिया। िफर रानी के कहने से जन्मेजय द्वारा यज्ञ भी किया गया। उस यज्ञ में युवा ब्राह्मण ही, नियुक्त किए गए। किसी बात पर युवा ब्राह्मण रानी पर हँसने लगे। रानी क्रोधित हो गई और रानी के कहने पर राजा जन्मेजय ने उन्हें प्राण दंड की सजा दे दी फलस्वरुप उसे कोढ़ हो गया। अब जन्मेजय घबरा गया और तुरंत व्यास जी के पास पहुँचा और उनसे जीवन बचाने के लिए प्रार्थना करने

वेदव्यास जी ने कहा कि,"एक अंतिम अवसर तेरे प्राण बचाने का और देता हूँ। मैं तुझे महाभारत में हुई घटना का श्रवण कराऊंगा जिसे तुझे श्रद्धा एवं विश्वास के साथ सुनना है,



लगा।





इससे तेरा कोढ़ मिटता जाएगा। परंतु यदि किसी भी प्रसंग पर तूने अविश्वास किया, तो मैं महाभारत का प्रसंग रोक दूंगा फिर मैं भी तेरा जीवन नहीं बचा पाऊंगा। याद रखना अब तेरे पास यह अंतिम अवसर है।

अब तक जन्मेजय को व्यासजी की बातों पर पूरा विश्वास हो चुका था, इसलिए वह पूरी श्रद्धा और विश्वास से कथा श्रवण करने लगा। व्यासजी ने कथा आरम्भ करी और जब भीम के बल के वे प्रसंग सुनाऐ जिसमें भीम ने हाथियों को सूंडों से पकड़कर उन्हें अंतरिक्ष में उछाला वे हाथी आज भी अंतरिक्ष में घूम रहे हैं, तब जन्मेजय अपने आप को रोक नहीं पाया और बोल उठा कि ये कैसे संभव हो सकता है। मैं नहीं मानता।

व्यास जी ने महाभारत का प्रसंग रोक दिया और कहा कि, "पुत्र मैंने तुझे कितना समझाया कि अविश्वास मत करना परंतु तुम अपने स्वभाव को नियंत्रित नहीं कर पाए। क्योंकि यह होनी द्वारा निश्चित था"। फिर व्यास जी ने अपनी मंत्र शक्ति से आवाहन किया और वे हाथी पृथ्वी की आकर्षण शक्ति में आकर नीचे गिरने लगे। तब व्यास जी ने कहा, यह मेरी बात का प्रमाण है" | जितनी मात्रा में जन्मेजय ने श्रद्धा विश्वास से कथा श्रवण की, उतनी मात्रा में वह उस कुष्ठ रोग से मुक्त हुआ परंतु एक बिंदुर ह गया और वही उसकी मृत्यु का कारण बना।

आपको क्या लगता है? क्या वाक़ई में सबकुछ पूर्वनिर्धारित होता है? और अगर हाँ तो कर्म करने का महत्व क्या रह जाता है? और अगर ना तो भविष्यवाणी कैसे होती है? आपके विचार का हमे इन्तेज़ार रहेगा. email करियेगा: info@dsppl.com; इसी के साथ इस प्रसंग के लिए एक उचित शीर्षक भी लिखकर भेजना।

जय गुरुदेव |





दि. ६ व ७ नोव्हेंबर २००८ रोजी रेकी सेमिनार मध्ये आदरणीय तेलंग गुरुजीनी मला द्वितीय श्रेणी रेकी शिकवली। या पूर्वी आध्यात्म विषयी फारशी माहिती नव्हती किंवा एखादा अनुभव सुद्धा आलेला नव्हता। श्री स्वामी समर्थ विषयी एकही अनुभूती नव्हती। रेकी शिकल्यानंतर मात्र एक - एक अनुभव येत आहेत अगदी आत्तापर्यंत।

द्वितीय श्रेणी रेकी शिकल्यानंतर दुसऱ्याच दिवशी म्हणजे ८ नोव्हेंबर २००८ रोजी देवरुख येथे दुपारी माझा मोठा अपघात झाला। सुदैवाने स्वामी कृपेने जिवंत राहिलो नाहीतर गुरुजींच्या मते तो दिवस माझ्यासाठी शेवटचा दिवस ठरला असता।

माझ्या ओळखीच्या लोकांनी मला देवरुखमधील हॉस्पटिलमध्ये आणले। डॉक्टरनी प्रथम BP चेक केला। BP पाहून डॉक्टर उडालेच। एक्दम नॉर्मल BP एवढा मोठा अपघात होऊन सुद्धा BP नॉर्मल असलेला पेशंट त्यांनी आपल्या आयुष्यात प्रथमच पाहिला फक्त स्वामीकृपा आणि गुरुजींचे आशीर्वाद। मला घेऊन आलेल्या अमेय लिमये यांना मी मठात कळवायला सांगितले। काही मिनिटातच काही साधक हॉस्पिटलमध्ये दाखल झाले। त्यांना पाहून खूप बरं वाटलं। गुरुजींनी दिलेली विभूती मला लावली आध्यात्म्याचें उपचार सुरु झाले; रेकी सुद्धा दिली गेली। बाकीचे पेशंट व बघायला आलेली जवळची माणसं अगदी कुतुहुलाने बघतच राहिली। मी लवकर पूर्ण बरा होणार याची अनुभूती आली। रोज रात्री स्वतः गुरुजी हॉस्पिटलमध्ये येऊन रेकी द्यायचे; अध्यात्मातील उपचार करायचे; चौकशी करायचे; धीर द्यायचे; माझ्या पत्नीला व मुलांनाही धीर द्यायचे।

माझ्या पायाच्या ऑपेरेशनचा दिवस ठरला। ऑपेरेशन साठी काही डॉक्टरांना रत्नागिरीतून बोलवण्याचे निश्चित झाले। तेवढ्यात गुरुजींचा मठातून निरोप आला ऑपेरेशन करू नका। ऑपेरेशन शिवाय ठीक होईल। पण एवढी सगळी ऑपेरेशनची तैयारी झाल्यानंतर ऑपेरेशन

करायचे नाही हे सांगण्याचे धाडस झाले नाही। शेवटी ऑपेरेशन झालं।





साधारण पंधरा (१५) दिवसांनी मला डिस्चार्ज मिळाला। घरी जाण्यापूर्वी मठात स्वामींच्या दर्शनासाठी गेलो। दर्शन झाल्यावर गुरुजींनी दुपारच्या आरतीला थांबायला सांगितले। इतकच काय आरती घेण्यासाठी सांगितले। मनात शंकाचे वादळ सुरु झालं। मी कुबड्या घेउनहीं साधारण पाऊण तास उभा राहू शकत नव्हतो पण स्वामी कृपा - मी कुबड्या बाजूला ठेऊन पूर्ण वेळ आरती घेतली। मनातून खूपच सुखावलो। अपघात झालेला विसरून ह्या आनंदात मी घरी परतलो।

प्रत्येक आठ दिवसांनी हॉस्पिटलला जात होतो परंतु पायातील वेदना दिवसागणिक वाढतच होता। फक्त एवढंच कि वेदना सहन करण्याची ताकद स्वामींनी दिली होती। शेवटी कोल्हापुरातील तज्ज्ञ डॉक्टरांकडे जावे लागले। डॉक्टरांनी तपासल्यानंतर ऑपेरेशन चुकीच्या केल्याचे सांगितले। अनेक चुक्या झाल्या होत्या। तेव्हा गुरुजींचे शब्द आठवले। ऑपेरेशन करू नका। आपलं चुकलं हे कळून आलं। शेवटी तेथील डॉक्टरांना यातून मार्ग काढण्यासाठी विनंती केली। एखाद्या पेशंटच्या शरीरात मोडलेले हाड जुळव्यासाठी टाकलेला रॉड एक वर्ष्याच्या आत काढता येत नाही काढल्यास ते धोकादायक ठरू शक्ते। परंतु माझ्या पायातील रॉड आठ महिण्यातच काढणं क्रमप्राप्त होतं।

ऑपेरेशन करून रॉड काढून टाकण्याशिवाय पर्याय नव्हता। ऑपेरेशन सुरू झाले। माझ्या कमरेच्या वरील भागात भूल दिलेली नव्हती त्यामुळे सर्व ऑपेरेशन समोरच्या स्क्रीनवर बघत होतो। डॉक्टर मोठा हातोडा घेऊन ठोकून- ठोकून पायातील बेंड (वाकलेला) रॉड काढत होते। मधेच डॉक्टर माझ्याशी गप्पा मारायचे। त्यांनी विचारलं आधीचे ऑपेरेशन फेल जाऊन सुद्धा हाडाचे तुकडे होऊनसुद्धा आठ महिण्याच्या आतच हाड जुळले कसे?

फक्त स्वामींची कृपा, गुरुजींचा आशीर्वाद; हजारो साधकांनी मला दिलेली रेकी...जय गुरुदेव!



Career Forum - Understanding the software industry, a little better

Q1 - I am currently studying in 10th standard. I am extremely interested in pursuing a career in the software industry. Can you please tell me about the software industry and pursuing a career in the software industry?

A - When we say Software industry most of us guess by the name and assume it to include primarily about writing software / codes ? Also people used to link software to the IT industry and also link it to high paying jobs. Well to some extent it is correct but not in entirety. In general, even if we consider that it pays better than other jobs in general, there are certainly more fields that will deliver a handsome package to the deserving candidates.

Also, one should know that the industry is mostly project oriented and the job timings cannot be bound to 8 or 9 hours a day. One needs to be flexible to invest 10-12 hrs. a day on the project demanding days. If you like problem solving, puzzle solving, logical thinking and you are good at it then you could do better in this field.

You need to invest time in keeping yourself updated about new technologies coming up. The Software Industry is currently undergoing enormous change with GenAl and multiple other disruptive technologies. We should get to know the new trends in the industry in the coming 2 years. It is widely anticipated that it will impact the IT jobs in the market and thus the need of IT professionals might also get impacted.

Q2 - Is doing Engineering necessary for a career in the Software Industry or MCA and MCM will also do?

A - A - MCA/MCM from reputed institutes are also in great demand. However BE Computer/IT folks are preferred over MCA/MCM.

www.dsppl.in



Career Forum ...continued

Q3 - Is mathematics and Science a must for a career in the Software Industry?

A - Mathematics is a compulsory subject for BE/MCA/MCM. These are logical subjects and logic is a strong pillar in coding required in the software industry.

Q4 - I am currently in my 2nd year of my engineering. I have heard that besides graduation, some certification courses are also required for getting a job in the software industry. Can you please guide me about this.

A - Yes, Certification in your area of interest/specialization is preferred however it is not mandatory. Certification courses should be chosen based on your interest in the software field. Doing that specific certification will help. For e.g. if your interest is JAVA there is certification in JAVA from Oracle. Likewise Microsoft certification will help if one is interested in Azure.

Q5 - Will recession affect Indian Software Industry?

A - Recession will affect everyone. However it is difficult to gauge or predict the severity of the impact. When we talk specifically about the Indian software industry we have to take into account that a large segment of the Indian software industry is into consulting. In recessions, budgets are cut down and to do this, product companies curtail and streamline their offerings; The newer projects go down in number thereby directly impacting the headcount of engineers. Companies tend to let go of the consultation work force prior to their direct employees. Keeping yourself up to date and being a good software engineer is important. Historically recessions have lasted 6 months to 1 year. If you are a good software engineer you will pass the phase of recession gracefully.

Even today we are in turbulent times where businesses are in waiting mode for evaluating GenAl impact before signing new deals.







Q6 - What is the difference between technical consultant and functional consultant in the Software Industry?

A - Functional consultant will need to work with business (it means if working in a bank you need to have knowledge on banking business, how it works). Need to explain to the technical consultant abt business, what are requirements so the technical team will produce software for it.

Technical Consultants Software are experts in development and implementation. Technical consultants mostly work on coding, (technical work like JAVA, cloud, database). However Functional Consultants have extensive knowledge on the functionality that can be delivered using a particular software product. They have the industry knowledge and understand how to configure software as per industry needs. For e.g. a functional consultant working with the banking sector, needs to have knowledge about the banking business, how it works. He will need to explain to the technical consultant about the business requirements, which will enable the technical team to produce software based on the requirement.

Q7 - What are the latest platform and computer languages in demand for career in Software Industry?

A - Al & Data Science are highly talked about these days. Python is required for it.. In Al there can be modules like deep learning, Q learning etc.

Also consider theses when we talk about latest in software industry –

Cloud technologies - Azure, AWS

Products - SAP, Salesforce, Oracle ERP

Python, ReactJS, PowerBI

Q8 - What is "product company" and "service company" in the Software Industry? Which company is good to work with?







Career Forum ...continued

A - Product Company - They build products and implement it across multiple companies. They research market trends, requirements, challenges and define new product/s. They work on new features year on year to keep their product market relevant. Ex - Google, Microsoft, Oracle, Salesforce etc.

Service Company - They use the product and customize for specific client needs. They work on other software development projects too. They also work on projects outsourced by product-based companies. For e.g. consider that a product based company needs to build a new website; They might consider outsourcing the development and maintenance of the website to a service company. Ex – TCS, Infosys, Wipro etc.

Q9 - Can you suggest good websites where we can get information on career in Software Industry?

A - There are many. You can check based on your interest. Suggesting one over another in a public forum might sound like a promotion! There are random websites, just google out. You can see the reviews for the website, number of viewers / people subscribed and choose. For e.g. Udemy, indeed, dice etc.

Q10 - Is Learning foreign languages viz German, French, Japanese etc is useful for career in Software Industry?

A - Understanding foreign languages is definitely useful as you can interact with clients in their local language. It gives an edge to the business as the client feels heard better and is comfortable to communicate. However, this would be secondary and developing strong technical expertise by thorough understanding of the subject is an area I would consider investing my time in. Within a few years technologies will come which will remove the obstacle of language barrier.

Dear Readers! Send in your questions regarding Careers to us at info.dsppl@gmail.com

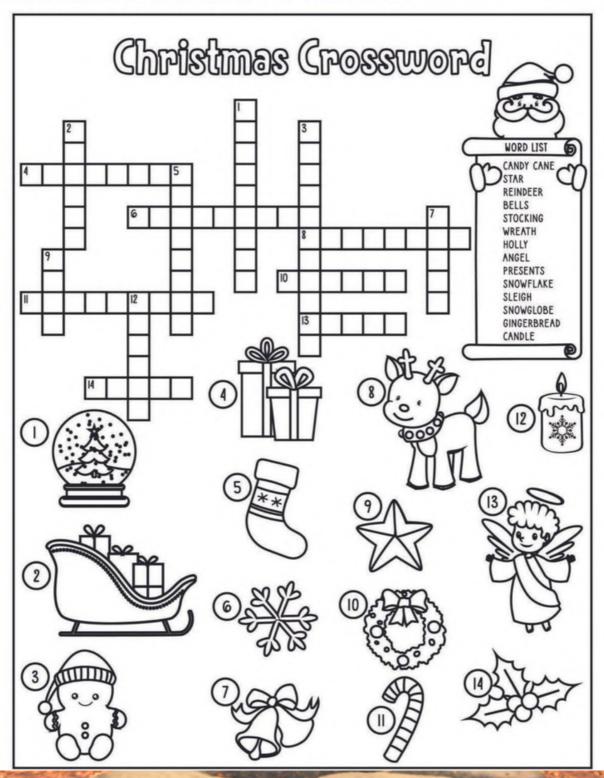


Fun Time

DSPPL

- nikita sawant

FILL THE CROSSWORD BY NAMING THE PICTURES GIVEN BELOW, MATCH THE NUMBER OF THE PICTURE AND THE NUMBER GIVEN IN THE CROSSWORD SPACE AND COMPLETE THE CROSSWORD. AND COLOUR THE PICTURES.



Please send in picture of your crossword answers to info.dsppl@gmail.com
Your feedback and suggestions on the newsletter are welcome!

